

Act FAST

FAST is an easy way to remember and identify the most common symptoms of a stroke. Recognition of stroke and calling 9-1-1 will determine how quickly someone will receive help and treatment. Getting to a hospital rapidly will more likely lead to a better recovery.

Use FAST To Remember The Warning Signs Of A Stroke

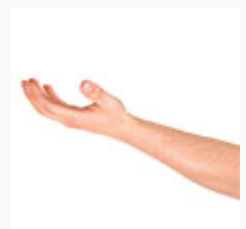
F

FACE: Ask the person to smile. Does one side of the face droop?



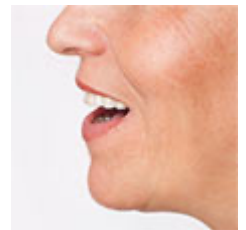
A

ARMS: Ask the person to raise both arms. Does one arm drift downward?



S

SPEECH: Ask the person to repeat a simple phrase. Is their speech slurred or strange?



T

TIME: If you observe any of these signs, call 9-1-1 immediately.

